



## Skills

# Invasion Games Progression Ladder

(invasion, handball, netball, basketball, football, tag rugby and hockey)



## Knowledge

**Sending & receiving:** s&r consistently using a range of techniques with increasing control under pressure.  
**Dribbling:** dribble consistently using a range of techniques with increasing control under pressure.  
**Space:** move to the correct space when transitioning from attack to defence or defence to attack and create and use space for self and others.  
**Attacking:** confidently change direction to lose an opponent  
**Defending:** use a variety of defending skills (tracking, interception, jockeying) in game situations.

**Sending & receiving:** develop control when s&r under pressure.  
**Dribbling:** dribble with some control under pressure.  
**Space:** explore moving to create space for themselves and others in their team.  
**Attacking:** use a variety of techniques to lose an opponent e.g. change of direction or speed.  
**Defending:** develop tracking and marking with increased success. Explore intercepting a ball using one and two hands.

**Sending & receiving:** develop passing techniques appropriate to the game with increasing success. Catch a ball using one and two hands and receive a ball with feet/object with increasing success.  
**Dribbling:** link dribbling the ball with other actions and change direction whilst dribbling with some control.  
**Space:** develop moving into space to help my team.  
**Attacking:** change direction to lose an opponent with some success.  
**Defending:** develop defending one on one and begin to intercept.



**Sending & receiving:** explore s&r abiding by the rules of the game.  
**Dribbling:** explore dribbling the ball abiding by the rules of the game under some pressure.  
**Space:** develop using space as a team.  
**Attacking:** develop movement skills to lose a defender. Explore shooting actions in a range of invasion games.  
**Defending:** develop tracking opponents to limit their scoring opportunities.

**Sending & receiving:** developing s&r with increased control.  
**Dribbling:** explore dribbling with hands and feet with increasing control on the move.  
**Space:** explore moving into space away from others.  
**Attacking:** developing moving into space away from defenders.  
**Defending:** explore staying close to other players to try and stop them getting the ball.



**Sending & receiving:** explore s&r with hands and feet to a partner.  
**Dribbling:** explore dribbling with hands and feet.  
**Space:** recognise good space when playing games.  
**Attacking:** explore changing direction to move away from a partner.  
**Defending:** explore tracking and moving to stay with a partner.

**Sending & receiving:** explore s&r with hands and feet using a variety of equipment.  
**Dribbling:** explore dropping and catching with two hands and moving a ball with their feet.  
**Space:** recognise their own space.  
**Attacking & defending:** explore changing direction and tagging games.

Ball Skills Unit 1 & 2      Games Unit 1 & 2

Year 6

**Sending & receiving:** understand and make quick decisions about when, how and who to pass to.  
**Dribbling:** choose the appropriate skill for the situation under pressure e.g. a V dribble in basketball to keep the ball away from a defender.  
**Space:** understand that transitioning quickly between attack and defence will help my team to maintain or gain possession.  
**Tactics:** know how to create and apply a tactic for a specific situation or outcome.  
**Rules:** understand, apply and use rules consistently in a variety of invasion games whilst playing and officiating.

Year 5

**Sending & receiving:** know that not having a defender between myself and a ball carrier enables me to s&r with better control.  
**Dribbling:** know that dribbling in different directions will help to lose a defender.  
**Space:** know that by moving to space even if not receiving the ball will create space for a teammate.  
**Tactics:** understand the need for tactics and identify when to use them in different situations.  
**Rules:** understand and apply rules in a variety of invasion games whilst playing and officiating.



Year 4

**Sending & receiving:** know that cushioning a ball will help me to control it when receiving it.  
**Dribbling:** know that protecting the ball as I dribble will help me to maintain possession.  
**Space:** know that moving into space will help my team keep possession and score goals.  
**Attacking:** recognise when to pass and when to shoot.  
**Defending:** know when to mark and when to attempt to win the ball.  
**Tactics:** know that applying attacking tactics will help to maintain possession and score goals. Know that applying defending tactics will help to deny space, gain possession and stop goals.  
**Rules:** know and understand the rules to be able to manage our own game.

Year 3

**Sending & receiving:** know that pointing my hand/foot/stick to my target on release will help me to send a ball accurately.  
**Dribbling:** know that dribbling is an attacking skill which helps us to move towards a goal or away from defenders.  
**Space:** know that by spreading out as a team we move the defenders away from each other.  
**Attacking and defending:** know my role as an attacker and defender.  
**Tactics:** know that using simple tactics will help my team to achieve an outcome e.g. we will each mark a player to help us to gain possession.  
**Rules:** know the rules of the game and begin to apply them.

Year 2

**Sending & receiving:** know to control the ball before sending it.  
**Dribbling:** know that keeping my head up will help me to know where defenders are.  
**Space:** know that moving into space away from defenders helps me to pass and receive a ball.  
**Attacking:** know that when my team is in possession of the ball, I am an attacker and we can score.  
**Defending:** know that when my team is not in possession of the ball, I am a defender and we need to try to get the ball. Know that standing between the ball and the attacker will help me to stop them from getting the ball.  
**Tactics:** understand and apply simple tactics for attack and defence.  
**Rules:** know how to score points and follow simple rules.

Year 1

**Sending & receiving:** know to look at my partner before sending the ball.  
**Dribbling:** know that moving with a ball is called dribbling.  
**Space:** understand that being in a good space helps us to pass the ball.  
**Attacking:** know that being able to move away from a partner helps my team to pass me the ball.  
**Defending:** know that staying with a partner makes it more difficult for them to receive the ball.  
**Tactics:** know that tactics can help us when playing games.  
**Rules:** know that rules help us to play fairly.



EYFS

**Sending & receiving:** know to look at the target when sending a ball and watch the ball to receive it.  
**Dribbling:** know that keeping the ball close will help with control.  
**Space:** know that being in a space gives me room to play.  
**Attacking & defending:** know that there are different roles in games.  
**Tactics:** make simple decisions in response to a task.  
**Rules:** know that rules help us to stay safe.